## PHOENIX GYMNASTICS

Where We Rise

## **DUNDOWRAN GYMNASIUM** MONDAY **TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY** Adult Strength Free G Baby Birds Little Birds 8.30 - 9.30am Little Birds Little Birds 9.30 - 10.30am Little Birds 9.30 - 10.30am (5-8y)& Conditioning (33 9.00 - 9.30am 3.30 - 4.30 6.30 - 7.30am Step 1 WAG Free G MAG Junior Steps Adults Little Birds Home School Little Birus 9.30 - 10.30am (5-10y) (5 - 7y)(6-8y) 9.30 - 10.30 11.00 - 12.00 3.30 - 4.30 Bookings required 3.30 - 4.30 8.30 - 9.30 Step 2 WAG Home School Free G **Tumbling** Free G Junior Squad® (7-10y)Team Gym (5-8y)(8y+) (12y+)WAG 3/4 9.00 - 12.00 3.30 - 5.0011.00 - 12.00 3.30 - 4.30 3.30 - 4.30 3.30 - 4.30 Junior Steps Free G Junior (5-8y) Step 1 WAG Junior (5-8y) Senior Squad<sup>4</sup> (4½ - 6y) (8-12v) Tumbling (6-8y)Tumbling WAG 4.00 - 5.00 3.30 - 4.30 3.30 - 4.30 3.30 - 4.30 3.30 - 4.30 9.00 - 12.00 Free G MAG Step 2 WAG Pre Levels \* GFA Junior Squad® Team Gym WAG (5-10y) (8-12y)WAG 3/4 (7-10y) (7-12y) 4.30 - 6.00 3.30 - 4.30 3.30 - 4.30 3.30 - 6.30 3.30 - 5.00 9.30 - 10.30 GFA Junior Squad **Junior Steps** Free G Pre Levels Free G MAG 3/4 (6-10y) (4½ - 6y) (8-12y)WAG (5-8y)4.30 - 6.30 3.30 - 4.30 4.00 - 5.00 4.30 - 5.30 4.30 - 6.00 9.30 - 10.30 Senior Squad® Junior Squad Step 2 WAG Step 3 WAG Junior Squad WAG WAG 3/4 (7-10y) MAG 3/4 (9y+) 4.30 - 7.30 3.30 - 6.30 4.00 - 5.30 4.30 - 6.30 4.30 - 6.30 **Tumbling** Pre Levels \* Senior Squad® Adults WAG (8y+)WAG 6.15 - 7.30 4.30 - 5.30 4.30 - 6.00 4.30 - 7.30 Step 3 WAG Junior Squad MAG 3/4 (9y+)4.30 - 6.30 4.30 - 6.30 Senior Squad® Team Gvm WAG (7-10y) 4.30 - 5.30 4.30 - 7.30

Classes marked with are open to gymnasts undertaking the competitive specific stream and participation is by invitation / discussion with the Head Coach.



g) Free G

Rhythmic Gymnastics

Home School

Updated Sept 14 2021









Men's Artistic Gymnastics (MAG)

Adults 6.15 - 7.30





Baby Birds (up to walking)





KinderGym (walking to 5y)

PhoenixGymnasticsAUS

(%) 07 4325 4407

Team Gym





RECREATIONAL TERM FEES			
DUNDOWRAN GYMNASIUM	Class Length	12 Week Term Fees	Annual Registration / Membership
33 BABY BIRDS	30 mins	\$5 per class	\$40
ki LITTLE BIRDS	1 hour	\$8 per class	\$40
JUNIOR STEPS	1 hour	\$130	\$46
FREE G MAG	1 hour	\$130	\$46
STEP 1 WAG	1 Hours	\$130	\$46
STEP 2 WAG	1½ hours	\$194	\$46
STEP 3 WAG	2 hours	\$220	\$46
GYMNASTICS FOR ALL (GFA)	1 hour	\$130	\$46
TUMBLING	1 hour	\$130	\$46
TEAM GYM	1 hour	\$130	\$46
FREE G	1 hour	\$130	\$46
ADULT GYMNASTICS	1¼ hours	\$10 per class	\$46
MOME SCHOOL	1 hour	\$110 (10 weeks)	\$46

Each term runs for 12 weeks and includes 2 weeks of school holidays with the exception of Home School which runs for 10 weeks.

Term fees are calculated on a pro-rata basis from the second week of the term for late/mid term enrolments.

Make up classes are available where possible. Full information on this can be found in our Policies & Procedures manual: available on our website or at the front counter.

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